

Indicators of Mental Disorder

Impaired Emotional Functioning	Impaired Behavioral Functioning	Impaired Cognitive or Sensory Functioning
Depressed/blue/sad	Impaired or changes in sleep (e.g., inability to sleep or excessive sleep)	Illogical, irrational, disorganized, or non-sensical thinking
Elation, euphoria	Changes in appetite	Ruminative thinking
Feelings of helplessness, hopelessness, or worthlessness	Significant weight loss or gain	Delusional thinking (e.g., grandiosity, paranoia)
Emotional lability/instability	Excessive or diminished energy	Obsessive thinking
Excessive irritability	Excessive crying	Impaired attention/concentration
Poorly controlled anger	Restlessness/agitation	Impaired memory
Inappropriate affect	Impulsivity	
	Behavior/thoughts of hurting oneself or others	Hallucinations (auditory, visual, tactile, olfactory, gustatory)
	Compulsions	Illusions
	Unusual speech (e.g., absent slowed, rapid, or pressured)	
	Stereotypic movements	